

# ISLAND Clippings

*"Your Island Newspaper"*



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## PROFILE



### The St. Joseph Island Market

FROM THE OUTSIDE, NOTHING HAS CHANGED. But appearances can be deceiving! Once you step through the door, you're immediately sucked into a whirlwind of activity, as the former Dinelle's II undergoes transformation into something new. We're not talking so much about paint and décor, but rather, about changing the essence of the place into something else; something that its new owners think and hope Island residents want it to be.

We'll soon find out, when the new St. Joseph Island Market opens its doors this coming Saturday ... but we think that they're definitely on the right track!

The store's new owners, Tracy and Cole Howson, have a clear vision of what the store CAN be. Getting there will take a lot of work, time and effort, but the store's "Mission Statement" is pure and simple: "We want to make it the kind of store that WE would want to shop in!" states Tracy firmly.

When the Howsons were finally able to close the deal and take possession only days ago, they didn't waste a minute. The work began right away.

"We started by clearing the shelves of everything that we couldn't in good conscience still offer for sale." Tracy tells us. "We're starting over! We hope to

donate as much of the existing inventory as possible to the Food Bank, but much of it may have to be disposed of in other ways."

The Howsons' immediate goal is to re-build the inventory, based on quality and freshness. They realize that the size of their store might limit what they can offer, but they are resolutely determined to not let that stand in the way of offering a wide variety of fresh, high quality food products, at a reasonable price. Cole puts it more simply: "We want to provide good quality food – as much as we can cram in here – at as good a price as we possibly can!"

Even before their offer to purchase the business was finalized, Cole spent weeks lining up new bread, dairy, meat, fruit and vegetable suppliers – small local producers and the big distributors too. "We've focused as much as possible on working with local suppliers. That's good for everyone!" Cole tells us. "When in season, our fresh produce will come, as much as possible, from local farmers."

The Howsons are not experienced food retailers, but they're both very experienced in running a business. Professionally, Tracy is still very active as a Project Manager in the health



*Continued on next page*



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## Island Market ... continued from page 1

care field, and Cole is a semi-retired Engineer. But both are also proud to be farmers.

They're not letting their inexperience in this latest field stand in the way. Instead, they're approaching their new venture from the viewpoint of being customers. "We've always liked good food!" jokes Tracy. "We enjoy good food and cooking with fresh, quality ingredients. We've always had a big garden and a well-stocked pantry, and our kids have picked that up too. In our family, everybody loves to cook!"

Tracy's devotion to good food, cooking and baking is strong, even when up to her eyeballs in renovation work at the store. Although they took time out to chat with us at the store, she still had to keep track of how her bread was rising, back in the kitchen.

"And, in spite of whatever else we've been doing professionally, we've also been farmers since 1985," states Tracy proudly. "Before moving to the Island, we managed a farm co-op near Peterborough, dealing mostly in dairy cattle and horse feeds. We're used to grinding our own oats! There too, we took over an ailing business, poured our heart and soul into it and brought it back to health. We had to, so we could move here!" she beams.

As with many other 'new' residents of our enchanted Isle, it seems that for the Howsons, coming back to St. Joe was simply meant to be.

Both Tracy and Cole grew up in the Soo, but Tracy can still lay claim to having an Island heritage. Some of her happiest childhood memories come from visiting her Grandparents' farm on Hume's Sideroad. Her favourite "perfect" memory is of a happy young girl, riding her horse to the blacksmith's shop (now the site of Ann's Café) in Richards Landing on a beautiful, summer day.

For Cole too, the Island hooked him early in life. Although he has many relatives in the Soo area, some of his best times were spent visiting his aunt, who lived on the A Line. The Island's siren song even wafted down a generation to their daughter Jordan and her husband, residents of the London area, who have close friends who were originally from the Island.

The Island will win your heart sooner or later, and the Howsons are no exception. It seemed that every conversation would come around to the Island's many raptures. They knew that they were meant to be here, with their own personal piece of paradise! They purchased their property, the former O'Donnell farm on the A Line, 3 years ago and were able to move here as permanent residents last April.

They were happily immersed in working with their land and horses until one fateful day, when they walked into Dinelle's II for a pound of butter. That one visit quickly took their thoughts, plans and energy in another, different direction entirely. They

*Continued on next page*

## ISLAND Clippings

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knew how THEY felt a local grocery store should be, and thought that others might share that vision too. They could hope that someone might come along to do that someday, or they could take action themselves to make that kind of store a reality. We all now know what their decision was!

"It's been an absolute whirlwind for us! We're very excited and maybe 'a little intimidated' by the challenge we've taken on." confesses Tracy. "But we'll do our utmost to bring our customers what they want and need, and at affordable prices! Just because a store is small, doesn't mean that it has to be a poor choice as a place to shop. We want to change this small space into a great little 'gem' of a grocery store!"

The Howsons also know that they can't do it all at once. Right now, they're hard at work with much-needed repairs to the building itself. On the day of our visit, they also had to deal with frozen water pipes and a furnace that just didn't seem to understand the word 'warm', plus a mishmash of 'strange surprises' in wiring and lighting. Cole is still trying to figure out where all of the light switches are ... and why. They have to fix or replace the coolers and freezers, get the ceiling and walls fixed, move or re-arrange shelving, and clean it all up afterwards, all before Thursday and Friday, when the delivery trucks will start arriving with the beginnings of their new food inventory.

**W**e'll do our utmost to bring our customers what they want and need, and at affordable prices!

In spite of all this, the Howsons are optimistic that they'll be ready to re-open on Saturday, even without their new signage. Will everything be perfect by then? No! "We know that we're going to still be missing a few things at first." sighs Cole. "The new St. Joseph Island Market is still a 'work in progress.' We're hoping that we can count on everyone's understanding and patience for the next few weeks. Give us your suggestions and be patient with us and we'll do our best for you!"

Tracy and Cole also want input and advice from their customers in planning where to go from here. "We plan to put a Suggestion Box at the front of the store, and we encourage everyone to tell us what they'd like to see us do. If our customers want us to stock some item, we'll stock it, or we'll arrange special orders! If it's out there, we can get it!"

*Continued on page 4*

**The St. Joseph Island Central Public School**

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**Island Market ... continued from page 3**

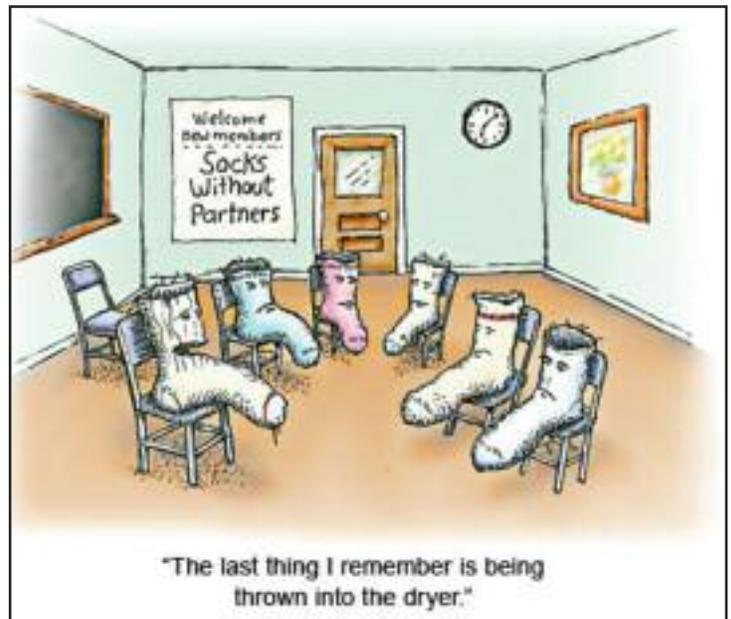
They also plan to host a number of special events and offers from time to time.

Although Cole will be "manning" the store at first, with help from Tracy when she can get away from her "other job" work commitments, they hope to be able to hire other staff as soon as possible. They're also looking into providing a delivery service, if they can find the right way to do it, and the right people to perform it.

There's a lot going on behind those 'closed' doors! For Tracy and Cole, it will all come down to when those doors open again on Saturday. Although we didn't ask, we're sure they must be wondering if Island residents will support them and give our new grocery store a chance to win their business.

Our own carefully-considered, professional assessment is that, if they do even half of what they plan to do, they'll have to beat us off with a stick!

Congratulations, Tracy and Cole! We wish you the best of success. And thank you for bringing our Island what we've always wanted and needed: a great little 'gem' of a grocery store!



A man walking down the street noticed a small boy trying to reach the doorbell of a house. Even when he jumped up, he couldn't quite reach it. The man decided to help the boy, walked up on to the porch and pushed the doorbell. He looked down at the boy, smiled and asked, "What now?"  
 The boy answered, "Now we run like crazy!"

## Peter Vaudry Gives a Healthcare Update

THE TURNOUTS WERE RELATIVELY SMALL for the two Public Information Meetings last Thursday, hosted by Peter Vaudry, Interim Chair, and Bruce Villella, Senior Consultant of the NE LHIN, the provincial agency that funds North-eastern Ontario's health care.

About 35 people attended the afternoon Hilton Beach meeting, while 41 people turned out for the evening session in Richards Landing. The two St. Joseph Island meetings are the first of many 'update' meetings to be held in the communities of the new catchment area, by March 8th.

Mr. Vaudry updated the attendees on progress in formalizing the working relationship between the Blind River District Health Centre, Matthews Memorial and Thessalon Hospital. The first 'milestone' in the overall process will be to detach MMH and Thessalon from the Sault Area Hospital and partner them with Blind River. The Blind River Board of Directors have now passed two key resolutions; the first that they agree with the proposed new health care 'model', and the second, that they agree with the transferring of the two "satellite hospitals" to partner with them.

Further discussion of the new health care 'model' will consider the current priorities of each of these three hospitals, with the needs of their patients at the center of all discussions.

Once implemented, the three hospital partnership will serve a huge catchment area, ranging from the Soo City Limits as far east as Spanish. Matthews Memorial Hospital would serve the westernmost area, Thessalon the centre



area, and Blind River the eastern area.

Peter also pointed out that, while we do have significant health care problems in our area, it also represents a huge opportunity to create something totally different for the future. A hospital is definitely important, but still only one ingredient in the combined health care 'mix'. Rural areas like ours also create 'Cluster Opportunities.'

He cited the 'Health care funnel', meaning that there are many other steps and services that could or should be utilized, before going to the hospital becomes a patient's only option. Enhanced medical services could save a great deal of time and pressure on hospital services and significantly reduce Emergency Department wait times.

He also spoke of opportunities that are created by using technology, citing the success of the Telehealth pilot in Timmins.

### SOME OF THE OTHER POSSIBLE AREAS OF HEALTH CARE ENHANCEMENTS BEING LOOKED AT INCLUDE:

- Chronic disease
- Smoking cessation
- Dietician services
- Roving health clinics
- General health
- Women's health
- Orthotics
- Testing & Lab Services
- Walk-in clinics
- Dental & Ophthalmology services
- Audiology
- Allergists
- Dermatologists
- Nurse Practitioner clinics
- Pre and Post Natal services
- Infant wellness
- Midwifery
- Geriatric care
- Medication management
- Palliative care close to home
- Homecare for Babies
- Social work
- Housework
- Support for seniors
- Convalescent Care
- Mental Health and Addictions
- Better utilization of ambulance personnel/paramedics' expertise
- Using non-traditional spaces - i.e. Community Halls, etc

*Continued on page 7*

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*Island Insight*

**Amalgamation**

Now is the time for our four Island municipalities to amalgamate into one community.

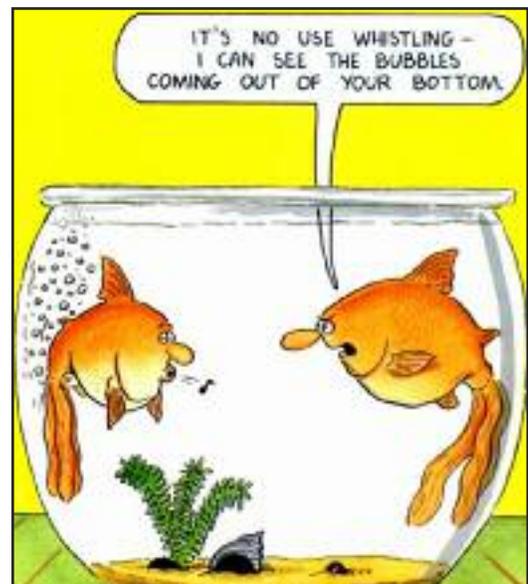
When I first came to St. Joseph Island in 1967, I was surprised (appalled) to find four separate municipalities in existence. Each of the four has its own administration, its own highway equipment, library, recreation department, part-time building inspector and dump supervisor, as well as having to arrange for fire and rescue services. Duplication is expensive for taxpayers.

The Province of Ontario has forced amalgamation on cities such as Toronto, Ottawa, Hamilton and Sudbury. If the issue of amalgamation on St. Joseph Island ever appears on the provincial radar screen, how many minutes will the Cabinet spend before ordering amalgamation of the municipalities on St. Joseph Island?

At the present time we ourselves have the opportunity to negotiate and create a municipality based on fairness and equitable representation. If the bureaucrats in Toronto have to do it for us, will they link us up with a much larger region?

It is the time for the "Municipality of St. Joseph Island." It is hoped that some councilors or community leaders in all four municipalities will circulate a petition pursuant to their procedural bylaw requesting their councils to place the question of amalgamation on the next electoral ballot.

It is time, my friends!  
*Respectfully, Ray Stortini*



**HEALTHCARE UPDATE ... continued from page 5**

The vision of the proposed model is to provide “A health care system that provides appropriate access and achieves equitable outcomes for rural, remote and northern Ontarians. The model also lays out the standards for our health care:

- 90% of residents in a community will receive **primary care** within 30 minutes travel time from their place of residence.
- 90% of residents will receive **emergency services** (24 hours a day, 7 days a week) within 30 minutes travel time from their place of residence.
- 90% of residents will receive **basic inpatient hospital services** within one hour’s travel time from their place of residence
- 90% of residents will receive **specialty inpatient hospital (i.e. specialized surgeries) and tertiary diagnostic services** within four hour’s travel time from their place of residence

Unfortunately, the standards don’t yet seem to specify if “travel time” means on foot, by car, train, air, etc. Peter agreed that another challenge will be to find a different way of meeting the needs of the 10% of the population who may live beyond those standards.

He also clarified a key misconception that seems to still plague the process: some people still don’t understand or believe that patients with more serious medical needs will still be admitted if necessary to the Sault Area Hospital after the ‘transfer’.

Peter quickly dismissed that concern. “There are, and will be, protocols in place. If you carry a valid Ontario Health card, you are entitled to the same treatment as all other Ontarians. If you have internal injuries, you’ll probably be transferred to the Sault

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# **Sault Area Hospital is Moving**

*March 6*

## **What you need to know about Patient Move Day**

### **Emergency Services**

*As of 6 a.m.* on March 6, all patients requiring emergency services, including expectant mothers in labour, must report to the new hospital at **750 Great Northern Road (at new lights just north of the OPP station)**.

### **Visitors**

To ensure a safe transfer of patients, visiting hours at both current and new sites will be restricted to between 5:30 and 8 p.m. and strictly enforced. Exceptions may be made on compassionate grounds. Regular visiting hours will resume on Monday, March 7.

### **Alternate Medical Care Facilities**

Sault Care Medical (walk-in) Clinic in Cambrian Mall will be open between 10 a.m. and 2 p.m. on this day for patients with non-urgent medical conditions. In addition, the Group Health Centre's (GHC) Same Day Clinic will be open to GHC patients only between noon and 5 p.m. Both the Matthews Memorial (Richards Landing) and Thessalon Hospitals will be open as usual.

# About the New SAH



## **Contacting us**

The main switchboard (705-759-3434) and all extensions remain the same (some fax numbers may change).

## **Access**

Public entrances will be open from 7 a.m. to 8 p.m. every day. After hours, please enter via the Emergency Department.

## **Smoke Free Facility**

The entire property will be non-smoking, including all buildings, parking lots, access roads and the Hub Trail which runs along the eastern edge of the hospital grounds. Smoking is not allowed anywhere, including in vehicles, while on SAH property. The policy applies to all patients, visitors, staff, physicians and volunteers and will be strictly enforced.

## **Parking**

Four lots provide more than 200 additional spaces than the current sites combined. The parking rate remains unchanged at \$5.

## **Transit**

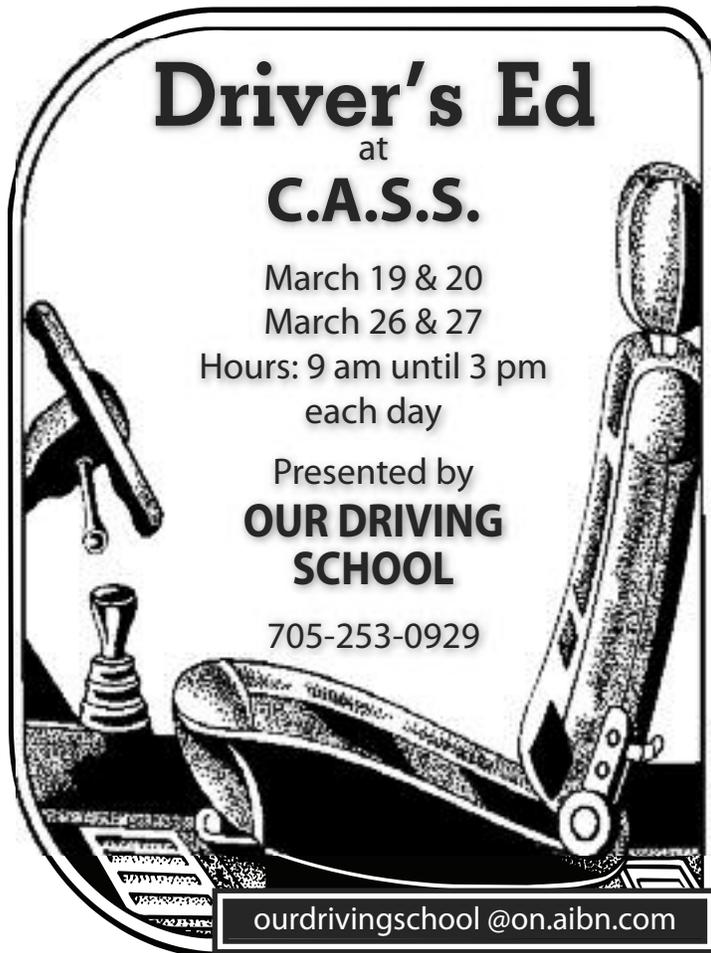
Public transportation is available via two bus routes (Cedar Heights, North Street) with transit stops located near the west (lobby) entrance as well as along the southeast portion of the roadway surrounding the hospital.

For more information, go to [www.cityssm.on.ca](http://www.cityssm.on.ca).

## **Sault Area Hospital Foundation**

The Foundation has also relocated to the new site off the main lobby across from the Algoma District Cancer Centre.

*For more information on the move, please visit [www.sah.on.ca](http://www.sah.on.ca).  
SAH thanks you for your patience on this important day.*



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**HEALTHCARE UPDATE ... continued from page 7**

Area Hospital, because they do those procedures, while Blind River doesn't. If heart surgery is needed, you would probably go to Sudbury Regional Hospital, because they do those procedures, while SAH doesn't." He also used his own travel to Ottawa for specialized back surgery as an example of how the system works.

He also clarified how the funding of the three hospital partnership will be handled. Presently, all funding goes to the Sault Area Hospital, who then decide how much will be spent on supporting its "satellite" hospitals. After the partnership takes effect, the funding will go to Blind River District Health Centre, with separate funding clearly established for each of the three hospitals involved. Each hospital is therefore assured that it will receive the proper level of funding to which it is entitled, based on the population it serves.

The LHIN will be hiring an independent facilitator, with the required expertise to handle all aspects of the 'turnover' of MMH and Thessalon hospitals. The "Public Engagement" process of Town Hall meetings to seek input and guidance from the general public will also begin shortly.

So, is it all do-able, and not just 'pie in the sky' dreaming? Peter certainly has no doubt! We think he's earned the right to have the last word: "It won't be smooth sailing, but it's going to happen!"



**2011 World Day of Prayer**

ON FRIDAY, MARCH 4TH, 2011, the women of Chile invite us to reflect on the many gifts that God has given each of us – and our call to share those gifts. Join with them in the World Day of Prayer celebration as we ask a question that draws us into the Bible, into the real context of Chilean lives and communities. There are several steps we will take together as we address the question asked in the theme: How Many Loaves Have You?

Please join us and invite your friends and family to attend the World Day of Prayer service and learn more about Chile and its unique culture and heritage. Join Christians in more than 170 countries around the world and 2,000 communities across Canada who will gather on the World Day of Prayer to pray and act in solidarity with the people of Chile.

A local World Day of Prayer service will be held at Grace United Church, Hilton Beach on March 4th at 7 pm.

For more information, please contact Shirley Meeks at 705 246-2444.



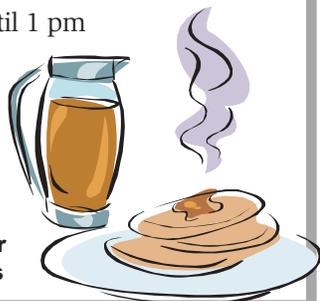
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## Gail Murdock's Perogy Casserole

8 potatoes cooked and mashed

1/4 C. milk

Salt & pepper to taste

3 small onions chopped and cooked

1 pkg. lasagna noodles (cooked as directed on box)

1 lb. cheddar cheese

4 tsp. butter

1 lb. bacon cooked and crumbled

Mix cooked mashed potatoes together with the milk, butter, cheese, 1/2 of the onion, 1/2 of the bacon and salt and pepper. Layer noodles and potato mixtures in the pan and top with the rest of the bacon and onions. Cook in microwave for

15-20 minutes at high power.

Serve with sour cream to complete the taste.

*You only need 6 to 8 lasagna noodles*

*I use approximately 7 3/4 x 12 inch glass pan*

*Cook at 350\* F in regular oven for approximately 1/2 hour*

*I use Spanish onions*

*(the same amount that would equal 3 small onions)*

*Margarine can be substituted for butter*

**Thanks Gail!**



A travelling salesman drove his car into a ditch in a desolated area. Luckily, a local farmer came to help with his big strong horse named Buddy.

He hitched Buddy up to the car and yelled,

“Pull, Nellie, pull!” Buddy didn't move.

Then the farmer hollered, “Pull, Buster, pull!”

Buddy didn't respond.

Once more the farmer commanded,

“Pull, Coco, pull!” Nothing.

Then the farmer nonchalantly said, “Pull, Buddy, pull!”

And the horse easily dragged the car out of the ditch.

The salesman was most appreciative and very curious.

He asked the farmer why he called his horse by the wrong name three times.

The farmer said, “Oh, Buddy is blind and if he thought he was the only one pulling, he wouldn't even try!”

## Mackay's Island Pharmacy

(9:30 am to 5 pm Mon-Fri)

Convenient Drop-off at Hospital for  
after hour and/or Weekend Pickup

**We can provide ALL your pharmacy needs**

With fuel prices soaring, give us a try;  
You won't be disappointed

Messaging Service for Ordering & Call Back

**BridgeLink Medical Centre, Richards Landing**

*Bring in or show us this ad and receive 10% off sunglasses and certified products*

**246-0650** *“We go the extra mile for you”*

**wardlaw**  
**Heating & Cooling**  
*Since 1981*



Call **942-5766** visit **wardlawfuels.com**

### ATTENTION VETERANS

Ex-Service & Still Serving Men & Women and Dependents

### THE ROYAL CANADIAN LEGION SERVICE BUREAU OFFICER

#### SHERRY CULLING

238 Algonquin Ave.

North Bay ON P1B 4V9

***Will be visiting Branches in your area  
during the week of March 21st, 2011***

Anyone wishing information, advice or assistance regarding:

***Veterans Affairs Canada Disability Pensions***

***Treatment for Entitled Veterans***

***Application for Poppy/Benevolent Funds***

***War Veterans Allowance***

***Appeals against unfavourable VAC decisions***

***Widows***

is requested to contact the

Branch Service Officer of Secretary of the local Branch  
whose name appears below to book an appointment

### Branch 374 St. Joseph Island

*Hugh Hamilton*

*Branch Service Officer*

*Telephone 246-2869*

*Branch Office*

*246-2494*

***A free service offered by the Legion***

*“They served till death! Why not we?”*



# *St. Joseph Island* MARKET



**Opening this  
Saturday  
February 26**

**from 10 am - 6 pm**

***Come on in and  
check us out!***

Have a cup of coffee on the house and  
take a look around.

We are still a “work in progress”  
but we hope you like what you see.

We will be looking for your suggestions.

Please let us know if there is a product  
you would particularly like to see us bring in.

***Our aim is to bring to you good  
food at a fair price.***

*Cole and Tracy Howson*

*The store's hours of operation are*  
**Monday to Saturday 10 - 6**  
We will be closed Sundays,  
for the near future.

## Think Spring eh!

YOU MIGHT THINK GROWING FROM SEED is a practice only for advanced gardeners, but it isn't difficult to get the basics down. Rule number one: Don't sow too early or your plants will be leggy and overgrown long before you can transplant them into the garden.

### Seed Starting Tips

Save money by starting seeds in egg cartons with holes punched in the bottom. Set the filled cartons in a tray of warm water—it will be slowly absorbed through the holes.

Wash all your containers and implements in a weak bleach solution to keep them clean and prevent disease.

Always plant fresh seeds. Old seeds may have been stored in less than ideal conditions, which will affect germination.

Start seeds in a baggie between pieces of damp paper towel. Keep the towel moist until the seeds sprout, then plant them in containers filled with potting mix. That way you don't plant too many seeds per pot or plant seeds that don't germinate.

Use a spray bottle to water seedlings, adding leftover tea to the water. That, along with good ventilation, protects them against damping off.

When growing tomatoes from seed, let them grow their first set of true leaves and then transplant them into slightly larger pots, planting them deep—right up to the leaves. Repeat about four times (tomatoes grow roots along the buried stems, resulting in big, strong plants).

Hang sheets of white plastic around the area where plants are growing under fluorescent lights. This reflects more light onto the seedlings.

Start cucumber seeds in late January in milk cartons filled with potting soil with some charcoal in the bottom—a big barbecue briquette works perfectly. It prevents damping off and, by the time the garden is ready for planting, cukes have flowers and sometimes even small cucumbers!

Put a clear plastic bag over the pot of seeds to create a greenhouse effect and hasten germination.

Tea Benefits: Many teas, especially chamomile, act as a natural fungicide. Also, the tannic acid in tea helps neutralize salts that build up in the soil with watering.



## Men are Happier than Women!

*Our thanks to a reader who wishes to remain anonymous ... in case his wife finds out ... for giving us just a few good reasons why he believes that men are much happier than women. The Island Clippings apologizes in advance to any husbands or wives who might be offended by some or all of these observances. We're sure that our reader's poor wife has heard them all before!*

**Nicknames:** If Laura, Kate and Sarah go out for lunch, they will call each other Laura, Kate and Sarah. If Mike, Dave and John go out, they will affectionately refer to each other as Fat Boy, Godzilla and Four-eyes.

**Dining Out:** When the bill arrives, Mike, Dave and John will each throw in \$20, even though it's only for \$32.50. None of them will have anything smaller and none will actually admit they want change back. When the girls get their bill, out come the pocket calculators!

**Money:** A man will pay \$2 for a \$1 item he needs. A woman will pay \$1 for a \$2 item that she doesn't need - but it's on sale!

**Bathrooms:** A man has six items in his bathroom: toothbrush and toothpaste, shaving cream, razor, a bar of soap, and a towel. The average number of items in the typical woman's bathroom is 337. A man would not be able to identify more than 20 of these items.

**Arguments:** A woman has the last word in any argument. Anything a man says after that is the beginning of a NEW argument!

**Marriage:** A woman marries a man expecting he will change, but he doesn't. A man marries a woman expecting that she won't change, but she does.

**Dressing Up:** A woman will dress up to go shopping, water the plants, empty the trash, answer the phone, read a book, and get the mail. A man will dress up for weddings and funerals.

**Men's Natural State:** Men wake up as good-looking as they went to bed. Women somehow deteriorate during the night.

**Offspring:** A woman knows all about her children. She knows about dentist appointments and romances, best friends, favorite foods, secret fears and hopes and dreams. A man is vaguely aware of some short people living in the house.

And finally, a married man should forget his mistakes. There's no use in two people in the family remembering the same thing!

## Sudoku

Answer on page 15

				1	7			
3			2	8				1
4						3		
2						9	7	
			9		6			
	7	5						6
		8						4
1				2	9			5
			5	6				

What object has keys that open no locks, space but no room, and you can enter but not go in?

Answer on page 15

## Your Island Garage Building Expert ...

Shell includes  
Labour & Materials

24' x 28' .....\$14,784

26' x 26' .....\$14,872

28' x 30' .....\$18,480

plus taxes

**Ask us for pricing on  
other sizes!**

**GARAGE PLUS**  
Home Improvements

**garageplus@yahoo.ca**

Mark Henderson 246-2110

## Friday Night Foods at the Legion

Keith Barlow will be cooking off the regular menu.

Entertainment will be provided by Roy Brockelbank.

**Come on out and enjoy good food and try your luck on the meat draw!**

Take out available

## FOR SALE

Free to good home. 2 two year old neutered and declawed male tabby cats. Indoor cats only. Cannot keep cats because of health reasons. Call 705 946-1820. dunc2001@shaw.ca

**1 Norseman prospector's tent** (14 X 16), 3 months old. Was \$1,500. new. Asking \$1,100. or best offer. Please call 705 943-1881 after 6 pm. Serious inquiries only.

30" white Gibson electric stove, in good condition. \$100. Call 705 246-3177

1988 Dodge Ram truck with running 318 engine. Sold as is. \$500. or best offer. Call 705 246-7066

Dog crate with pad, polyvinyl, used once. Paid \$200., asking \$50. Call 705 246-7066

FREE! Admiral washer & Inglis dryer, both in working condition. You remove. Call 705 246-7066

## ITEMS WANTED

Piano music books, any skill level (beginner to advanced), any style of music. I have the piano now I need the music. Call 705 575-7636.

## ANNOUNCEMENTS

North Channel Minor Hockey - next Board meeting is 7 pm Thursday, March 3rd at the Arena. All parents are invited. "Let's Keep Youth Hockey Alive!". Email us at northchannelminorhockey@gmail.com.

Jocelyn Recreation will be holding their annual Irish Stew Supper on Saturday, March 12th from 5 to 8 pm, for \$10 at the Jocelyn Township Hall. Come enjoy some homemade stew, biscuits, dessert, beverage and a visit with friends. For further information, call 705 246-2025.

Chili Supper for the Children's Library Of Richards Landing will be held on Saturday, February 26 at the Harmony St. Marks Fellowship Hall. Admission by donation to the Library. Chili, bread, veggies, dessert and beverage will be served 4:30 to 6:30 pm. Take out will be available. Call Dawn Tweedle 705 246-0875 for more info.

St. Patrick's Day Tea to be held from 11 am to 2 pm on Sunday, March 13th, at the Legion Hall in Richards Landing. Event sponsored by the Legion Ladies' Auxiliary, Branch 374. No admission fee. Soup, sandwich, dessert and beverage available for only \$7.00. Door Prize draw. Everyone is welcome.

Shrove Tuesday Pancake Supper: The St. Joseph Island 4H Club in conjunction with the Harmony St. Marks UCW will be holding a Pancake Supper March 8th from 5pm-7pm at the Church Hall in Richards Landing. Admission is by donation. Everyone welcome. Please come and support these busy little cooks, who are completing the project "Good Foods Fast"

Call for Entry: the Sylvan Circle Tour Committee is accepting applications for the 2011 Tour, to be held on September 17. Registration Fee is \$100.00. Application deadline is April 1. For more information, log onto [www.sylvancircle.ca](http://www.sylvancircle.ca) or call Susan at 705 248-1365.

**The Little NBA is back!** This 7-week basketball program is being held at CASS for grades 3 - 12, starting March 22nd. Registration forms can be picked up at CASS or one of the elementary schools from Thesalon to Echo Bay. Deadline is February 28, 2011. Direct any questions to Rob Gallinger at 705 246-3607.

Jocelyn Social Ski/Snowshoe. Every Wednesday afternoon at 1:30, Jocelyn Recreation invites everyone to join us for a social ski or snowshoe on our freshly groomed Mountain View Trails.

The Island Nordic Ski Club is having a family ski day at Makes Scents ski trails on Sunday February 27th from 1 pm to 3 pm. Everyone is welcome. There will be ski demos and try outs with instructors on hand, a ski waxing workshop. come out enjoy some hot cider and a bar-b-que and ski the trails. There will be draw prizes and items for sale. This event is free to members, all others by donation.

**WORLD DAY OF PRAYER 2011-** to be held on March 4th at Grace United Church, Hilton Beach, starting at 7 pm. Please join with us and the rest of the world to pray for Chile. If you have lived or spent time in Chile and have knowledge or experiences you would like to share, please call Shirley Meeks 705-246-2444 or Norma Shell 705-246-2222

Richards Landing Rink, FAMILY SKATE TIMES. Sundays from 1:30 to 3:00. Users are asked to respect a "no stick" policy during the family skate time.

A Concert to help bring Doctors to Bridgelink featuring Muddy York and the O'Shraves, Saturday, March 12. Tickets go on sale February 19th at Kent's Corners, Ambeault's, The Dry Dock, Dinelle's (Echo Bay), Hwy 17 Trading Post & McClelland's Hardware. Tickets \$25. All proceeds will be used to fund the physician recruitment efforts of MMHA.

If you would you like to donate an item for the "Bring Doctors to Bridgelink" silent auction being held at the Legion Hall on Sat. March 12, please contact Pat Fleming at 705 246-2033.

The February meeting of the SJI Horticultural Society will take place Thursday, the 24th- 7 pm - Harmony St. Marks Church Hall. The program will be "Planning our spring plant sale". Bring along your old seed catalogues. For more info. contact President, Pam Hart at 705 246-8484 New members always welcome!

## Try our NEW MAPLE BREAKFAST SAUSAGE

Made with Gilbertson Maple Syrup & fresh local pork.  
It can be tasted at Gilbertson Pancake House  
5 Lb Box \$20.00 or \$4.29 Lb.

**PROVINCIAL GOVERNMENT INSPECTED LOCAL MEAT FROM THE FARMER TO YOU!**

### \*\*SPECIAL\*\*

Boneless chicken breast.....\$5.19 Lb.  
25 Lb. Ground beef.....\$65.00 Box  
Spare ribs.....\$1.99 Lb.  
Ground beef.....\$2.69 Lb.  
Roasting chicken.....\$2.75 Lb.  
Beef tenderloin.....\$8.00 Lb.

5 Lb. Centre chops.....\$18.00  
5 Lb. Beef patties.....\$16.00  
5 Lb. Italian sausage...\$15.00  
5 Lb. Pork chops.....\$15.00  
5 Lb. Minute steaks.....\$20.00  
5 Lb. Pork cutlets.....\$18.00

Bacon.....\$3.99 Lb.  
Chicken legs B/A.....\$1.99 Lb.  
T-Bone.....\$7.99 Lb.  
Sirloin steak.....\$5.99 Lb.  
Chicken breast.....\$3.19 Lb.  
Rib Eye steak.....\$6.99 Lb.

Open: 8 am to 5 pm Monday to Thursday

Prices effective March 1 to 31, 2011

**Northern Quality Meats**

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Phone: 705-782-4224 • Toll Free: 1-866-202-2535

St. Joseph Island Fiddle group will be meeting for a practice on February 24th at 7 pm at the Hilton Beach Community Hall. All fiddlers of any skill level welcome.

The Hunters & Anglers Association will be hosting the annual Ernie Eddy Memorial Children's Ice Fishing Derby on Saturday, March 12th. See our ad in this week's issue for details. Although the Association will provide the hot dogs and hot chocolate, we would be grateful for any donations of homemade cookies for the event. If you'd care to make cookies, please bring them to the Derby.

*Thanks to Dave Gerhart for sharing this 'apparently true' story about a unique lawsuit in Mt. Vernon, Texas!*

### Beer Joint Sues Church over Lightning Strike!

Drummond's Bar began construction on expansion of their building to increase their business.

In response, the local Baptist Church started a campaign to block the bar from expanding with petitions and prayers. Work progressed right up until the week before the grand reopening, when lightning struck the bar and it burned to the ground!

Afterwards, the church folks were rather pleased with "the power of prayer" ... until the bar owner sued the church on the grounds that the church "was ultimately responsible for the demise of his building, either through direct or indirect actions or means."

In its reply to the court, the church vehemently denied all responsibility or any connection to the building's demise.

The judge read through the plaintiff's complaint and the defendant's reply, and at the opening hearing he commented "I don't know how I'm going to decide this, but it appears from the paperwork that we have a bar owner who believes in the power of prayer, and an entire church congregation that now does not."

Deadline for display ads is  
3 pm Mondays.

Deadline for Classifieds is noon Tuesday.

### THANK YOU

On January 24th, while driving on the S-curve just outside of Hilton Beach, I hit a patch of ice. My vehicle skidded then hit the shoulder of the road and ended up rolled over in the ditch. Two kind and generous men stopped and helped me out of my vehicle and let me warm up in their truck while waiting for the police to arrive. I would like to thank Arden Moore and Keith Lindsey for helping me that day. Your kindness is truly appreciated.  
*Wendy Garside*

### Sudoku Answer

Puzzle on page 13

6	5	2	3	1	7	8	4	9
3	9	7	2	8	4	5	6	1
4	8	1	6	9	5	3	2	7
2	6	4	1	5	3	9	7	8
8	1	3	9	7	6	4	5	2
9	7	5	8	4	2	1	3	6
5	2	8	7	3	1	6	9	4
1	3	6	4	2	9	7	8	5
7	4	9	5	6	8	2	1	3

Riddle Answer:

A computer keyboard

### BRUCE MINES INSURANCE

73 Taylor St., Box 189, Bruce Mines, ON P0R 1C0

### BROKERS Ltd.

*Meeting your Home, Auto  
and  
Commercial Insurance Needs*

Bus (705) 785-3436

Fax (705) 785-3747

## VISIT MOOSE SWEATS FIRST!

Be the first to see the "NEW" Selection of Cruisewear & Spring Arrivals

A "MUST" see amazing organic Baby Clothes and Super Save Baby TOYS

OPEN 7 DAYS A WEEK  
MONDAY - SUNDAY 11 - 4



246-2777

RICHARDS LANDING

# Classified Ads and Announcements

The Island Clippings is pleased to publish personal Classified Advertising and Public Service Announcements of **50 words or less**, free of charge to Island residents, as a community service. Other than personal for sale ads the announcement must be of value to the community. We reserve the right to decide if the ad is of service to the community.

**Ads or announcements for non-residents, businesses, or items or services, to be sold for profit, or generate income as well as items valued at over \$1,000, will incur a nominal charge of \$10, plus HST. We reserve the right to determine if a fee is required. We reserve the right to edit down to 50 words or less.**

Ads or announcements will appear in one issue, but may be repeated, to a maximum of three consecutive weeks (space permitting). **Advertiser must resubmit ad each week.** To ensure space for everyone, please limit your content to a **maximum of 50 words.**

Ads can be placed by: **Email to:** islandclippings@gmail.com or by phone 705 246-1635 (from 9 - 5, Mon-Fri) or fax 705 246-7060. **Mail to:** Island Clippings RR1, Hilton Beach, ON P0R 1G0 Or simply put it in one of our pick-up boxes conveniently located at Ambeault's, Kent's Corners and the Hilton Beach Post Office.

## WHAT'S HAPPENING ON ST. JOE

### Friday

Seniors Walking Program, Legion - 9 am to noon  
Hens & Stitches, Dr. Trefry Centre - 10 am to 12 pm  
Island Cast-a-Weights, Calorie Watchers, Hilton Community Hall (rear door, basmt) - 8:30 am  
Friday Foods at the Legion  
AA Meeting, United Church (new addition, side door) - 8 pm

### Saturday

Childrens Library - 10 am to 3 pm  
Story time - 10:30 am  
Hilton Union Public Library - 1 pm to 5 pm - New phone number: 255-3520.  
St. Joseph Twp. Public Library - 1 pm to 5 pm  
Nordic Walking Group, Tranter Park - 10 am  
Free pool all day in the Legion lounge  
St. Boniface Roman Catholic, Hilton Beach at 4:30 pm.  
Jam Session, Legion - 4 pm to 6 pm

### Sunday

Holy Trinity Anglican, Jocelyn, 11 am.  
Free Methodist, 10th Side Rd. Coffee, tea and friendship at 10:30 am. Worship service 11 am.  
Island Bible Chapel, Richards Landing.  
Lord's Supper 10 am, Family Bible Hour 11:15 am.  
Grace United, Hilton Beach. 9:30 am.  
Harmony St. Marks United, Richards Landing. 11 am.

### Monday

Seniors Walking Program, Legion - 9 am to noon  
Bridge, Dr. Trefry Centre - 1 pm to 5 pm (Open to all seniors)  
60+ Exercise Program, Dr. Trefry Centre - 10:00 am  
Euchre, Legion Hall - 8 pm (\$3.00 per person)

Carpet Bowling for 50 Plus, Legion - Refreshments Available - 1 pm

St. Joseph Twp, Public Library - 6 pm to 9 pm  
Hilton Union Library - 3 pm to 5 pm & 7 pm to 9 pm - New phone number: 255-3520.  
Children's Library - 6 pm to 8 pm

### Tuesday

CAPC Play & Learn, Free Methodist Church - 9:30 am to 11:30 am  
Cribbage (singles), Legion Hall - 7:30 pm (\$3.00 per person)  
Quilting - 1-3 pm, Downstairs Hilton Hall except the 3rd week held at the Trefry Centre.

### Wednesday

Seniors Walking Program, Legion - 9 am to noon  
Bridge, Dr. Trefry Centre - 1 pm to 5 pm (Open to all seniors)  
St. Joseph Twp. Public Library - 9:30 am to 12:30 pm  
Food Bank, United Church, Richards Landing (side door) - 1 pm to 3 pm  
Children's Library - 9 am to 12 pm  
Story time - 10:30 am  
Hilton Union Public Library - 3 pm to 5 pm - New phone number: 255-3520.  
Jocelyn Social Ski/Snowshoe, Mountain View Trails - 1:30 pm

### Thursday

St. Joseph Twp. Public Library - 1 pm to 5 pm and 7 pm to 9 pm  
Dr. Trefry Centre's Day Out Program - 9 am to 4 pm  
Children's Library - 9 am to 12 pm; 3:30 - 5 pm  
Story time - 10:30 am  
Pool, Legion - 7:30 pm

**FARM FRESH EGGS**  
*For sale*  
**Mountain Gardens**  
1826 P Line • 246-2798

**The Calico Hen**  
Telephone: (705) 246-0875  
Antiques - Art - Used Books  
Jewellery - Photos - Knitting Supplies  
Dawn Tweedle - owner/artisan  
1188 Richards St.,  
Richards Landing, ON P0R 1J0

**New Bell Turbo Hub Cellular**  
**HIGH SPEED INTERNET** antenna kits  
Rural internet users on much of the Island now have access to real high speed internet services. For more details contact us at: (705) 541-8490 or marko@northlandconsultants.net www.northlandconsultants.net

*Debbie's Hair Hut*  
**A full service family salon offering only the finest hair products.**  
Debbie Campbell - Owner  
246-0457

*Changes* Hair Salon  
For Appointments  
Please Call  
**941-0802**  
Julie Stevens

**Simply Music**  
**Piano Lessons**  
for people who never dreamed they could play!  
Children, Teens, Adults,  
Seniors, Private, Group  
Gina Marie Wilson, B.A.  
**971-1226**

**Andrea S. Young, RMT**  
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*Serenity Spa*  
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*facial, pedicure, massage,  
hot rock & much more ...*  
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**FIREWOOD**  
Top Quality Hardwood  
Cut, split & delivered \$80./cord\*  
Call Angie at 941-0215  
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Prices subject to change!

 **Learn to play guitar!**  
Reasonable rates.  
Call Mike Cormier at  
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**246-0942**  
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Registered Massage  
Therapist  
**705-206-6253**  
BridgeLink Medical Centre